

Skerries Sailing Club



Application for Junior ISA & Summer Courses 2016

Please complete in full using BLOCK CAPITALS. As numbers are strictly limited, places will only be allocated to sailors on receipt of fully completed forms with payment.

Please use one form per child.

Sailor's Name:	Date of Birth:	SSC Member: Yes / No				
Parent's/Guardian's Name:						
Address:						
Home Tel. Mobile/Other:						
Email Address:	Emergency No. (during course	Emergency No. (during course times):				
Swimming Ability (please indicate level of water confidence and distance you can swim)						
Does your child have permission to leave the Club at Lunch time? (please tick) Any allergies/medical conditions/ special medical requirements? If yes please provide details: In case of emergency I DO / DO NOT give my permission for medical procedures to be carried out. I am a complete beginner: Yes No Please provide details of previous saling experience: ISA Level obtained Date obtained: Our emphasis is on developing skills and confidence rather than certification. If you intend to achieve certification you should be sailing regularly outside courses and bring your completed ISA sailing log book with you to the course.						
Proposed 2016 Courses						
Please select your course & date by ticking in the table below If you wish to attend two weeks of ISA Course please select both weeks. All courses dependent on numbers.						

Start Date	Course	Fee	Early Bird	Tick	Course	Fee	Early Bird	Tick	Course	Fee	Early Bird	Tick
20-Jun	Assistant Sailing Instructor	€ 195	€ 160									
27-Jun	Advanced Boat Handling	€ 195	€ 160									
04-Jul	Beginner (U9)	€ 195	€ 160		Improving skills (ISA L3)	£ 20E	£ 260		Start Sailing (ISA L1)	€ 195	€ 160	
11-Jul	Start Sailing (ISA L1)	€ 195	€ 160		**2 weeks**	€ 293	€ 200		Basic Sailing Skills (ISA L2)	£ 20E	£ 260	
18-Jul	Beginner (U9)	€ 195	€160		Fun Sailing	€ 195 € 160			**2 weeks**	£ 293	€ 200	
25-Jul	Start Sailing (ISA L1)	€ 195	€ 160		Fun Sailing	€ 195	€ 160					

To avail of early booking prices please send this completed application form, course fee by **16**th **May 2016** to:

Skerries Sailing Club (ISA Course), .Bay view, Harbour Road, Skerries, Co Dublin. All enquiries to: juniors@skerriessailingclub.com or 087 2664202

Please note

SSC will accept deposits for any courses and will offer a payment schedule for anyone who wishes to pay for the courses in several payment stages once courses are paid in full by start date. A minimum non-refundable deposit of €50 will secure any course once we have enough sailors for each course.

Boat	Rental	
Oppie	€30	
Topper	€30	
Mirror	€30	

Fees Due	
Course as selected above	
Sibling discount on Course	
Boat rental	
TOTAL	
Deposit	
OUTSTANDING	

Course Terms & Conditions

- Course places are limited and allocated on first come first served basis. Early booking is essential.
- Parents and children are reminded that participants in the Junior ISA & Summer sailing courses are junior members of the Club while they are taking part in the course.
- The course will run from 10.00 to 16.00 each day. For supervision reasons participants should not arrive at the club before 09.30 and should have left the premises by 16.30.
- Boats to be used on the course must be in good condition and fully equipped for sailing.
 Instructors cannot and will not become involved in repairing boats. All boats must have a launching trolley in good working order, and be left in a neat and tidy condition at the end of sailing each day.
- Participants must be properly equipped and wear appropriate sailing gear such as wetsuit, footwear, hat and gloves as necessary. A suitable buoyancy aid is essential. Sun protection is necessary and all participants must have suitable protection cream for use on exposed skin.
 Parents/guardians must note that the sun is much stronger on the water because of reflection, etc. SSC have a limited number of buoyancy aids and wetsuits available for hire if required.
- All Junior Section sailors must have permission from their parents/guardians if they wish to
 leave he club premises during the lunch period or at any time during the course. General
 lunchtime consent is provided for on the application form. Lunch break is from 13.00 to
 14.00 but may change on a day to day basis. It is recommended all bring packed lunches in
 case a decision to do a day sail with picnic is decided.
- Participants should bring their own packed lunch and refreshments.

The performance and behavior of all participants on courses will be monitored closely by both instructors and junior officers. All sailors should abide by the 'Code of Conduct for Young Sailors', which can be viewed on the club website

Consent and Waiver

I, being the parent or guardian of the above named child, wish to enter him/her and boat (if applicable) in the Skerries Sailing Club Junior Summer Sailing Course. I accept that my child's participation in the scheme is at my sole and exclusive risk and responsibility in every respect. I acknowledge that the Club, its trustees, officers, staff and members have no responsibility in respect of loss of life, injury or loss of or damage to property that my child or any other person may sustain arising from participation of intended participation howsoever arising. I confirm I will ensure that the child will comply with instructions of the instructors, club staff and officers. I confirm that my child's boat is insured against third party liability for a minimum of €1,300,000 to cover my liability in connection with my child's participation on the course and for the period it is parked in the club. I have read the course terms and conditions. I understand and accept them and confirm that I have explained them to my child and he/she understands them.

Parent Name:	 -	
Parent Signature	 Date:	



Skerries Sailing Club



Which Course?

ISA - Fun Sailing

The programme allows children to discover, explore and practice the skills and knowledge they will need to develop as sailors in a fun environment and to try out sailing different boats used by Skerries Sailing Club. There is an emphasis on skills and acknowledge to allow the sailors to appreciate the sea and outdoor environment, weather skills and increase their basic knowledge. The programme allows sailors to discover, explore and practice skill and knowledge in planning and weather permitting doing a day trip, basic navigation skills, introduction to reading weather forecasts, introduction to newer boats and some kites & wire sailing and introduction to first aid and increasing their basic knowledge.

Level 1 – Start Sailing (2 weeks recommended but can do one week)

This course is suitable for children who are aged 9 years or over (those younger who are sailing in beginner group in the club are also suitable). By the end of the two week course the sailor should have the skills and knowledge necessary to rig their boat and go sailing with assistance in light winds.

Experience required: none.

Level 2 - Basic Skills (2 weeks)

This course is suitable for children who have done & completed the **Start Sailing or Cara Na Mara Orca.** By the end of this course you should have the skills and knowledge necessary to rig up your boat and safely go sailing without assistance in light winds.

Experience required: ISA Level 1 / Start Sailing / Cara na Mara Orca

Level 3 - Improving Skills (2 weeks)

This course will help you develop a competent, safe and practical approach to sailing you boat in moderate winds. You will also be prepared for the specialist courses ahead. This course requires two weeks minimum.

Experience required: ISA Level 2 / Basic Skills plus 1 season's regular sailing. Please ensure log book updated.

Advance Boat Handling:

This course is to develop boat handling, tuning skills and to prepare sailors to sail flat out in strong winds. This course is ideal for sailors who want to consolidate their boat handling skills, cannot progress to instructor due to age, and need to learn various aspects of sailing they have not yet mastered, i.e. spinnaker, trapeze, double handed sailing... **Experience required:** ISA Level 3 / Improving skills **plus minimum 20 hours as helm.** Some sailors may take two weeks to complete this course.

Assistant Instructor course: introduction to instructing. Following this course you would be able to assist a qualified instructor in the delivery of courses. This course will also cover theory and boat handling skills required for pre-entry assessment for instructors course.

Experience required: Must have at least one of the following Certificates: Advanced Boat Handling, Kites & Wires 1, Adventure 1 or Go Racing 1. Age recommended at least 15 years.

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