



# JUNIOR IRISH SAILING & SUMMER SAILING COURSES Application Registration and Course Details 2019

### **Information for Parents & Sailors**

### **Registration:**

- Please register by submitting the attached form to <u>debbie.mcinerney@gmail.com</u>, please use <u>one form</u> per sailor.
- A deposit of €50 is required to reserve each course booked, full payment is required 2 weeks before the start of the course.
- Payment can be made via cash, cheque or bank transfer.
- If using bank transfer please include your name on the details section and send a copy of the transfer to <a href="Debbie.mcinerney@gmail.com">Debbie.mcinerney@gmail.com</a>.

Bank details: IBAN:IE23 AIBK 9322 4810 2201 07

• Cash or cheque can be dropped to 32 Harbour Road, Skerries, Co Dublin.

### What you need to bring with you:

- Non-slip shoes or wetsuit booties
- Waterproof spray top (Kag) SSC can provide wetsuits
- Hat or Cap
- Change of clothes and towel
- Any medication you might need
- Sun cream
- Lunch and a drink

### **Booking Conditions:**

- SSC reserves the right to cancel a course if there are insufficient bookings. Fees will be refunded if we cancel a course.
- Sailing is a weather dependent sport and every effort will be made to make the best use of the prevailing and forecast conditions at the time of the course to get the applicants on the water every day. SSC will not be liable for sailing time lost due to bad weather.
- Trainees agree to abide by SSC's Code of Conduct.
- Non-members are provided with temporary membership of the Club for the duration of the course.
- The use of mobile phones or cameras in the changing rooms is prohibited.

### **General Course Information:**

- All courses on the Summer Schedule run from 1000 hrs 1600 hrs daily. Participants are asked to be on time and ready by 1000 hrs and to be collected at 1600 hrs.
- All our instructors are experienced sailors and qualified ISA instructors and assistants. A strict safety ratio of sailors to instructors is maintained at Skerries Sailing Club.
- The syllabus for the IS Small Boat Sailing Scheme (SBSS) is available to view on <u>www.sailing.ie</u> and you are encouraged to check out what is required for the level you are interested in.
- Additional courses may be provided during the summer, depending on demand and resources available.
- Our emphasis is on developing skills and confidence and having fun rather than certification. If you intend to achieve certification you should be sailing regularly outside of courses and bring your completed sailing logbook with you to the course.





## **Boat Rental:**

- SSC have boats available for non-boat owners to rent during their course. Boats include Optimists/Toppers/Mirror.
- Cost of rental boats is €30 per sailor per week.
- No rental cost to members.



# Skerries Sailing Club



## **Course Details 2019**

Course	<b>Course Code</b>	What is covered	Suitability	Cost
<b>Start Date</b>				
1st July 15 <sup>th</sup> July (1 week)	U9 Beginner	This course will introduce you to the basic boat handling techniques and get you on the water having fun and introducing the new sailor to water safety and confidence getting in and out of the water.	Suitable for children aged 7 to 9 years who have never sailed.	€195
1 <sup>st</sup> July 8 <sup>th</sup> July 22 <sup>nd</sup> July (1 week)	Level 1 – Start Sailing	This course will introduce you to the basic boat handling techniques and background knowledge necessary to get started in sailing.	Suitable for children aged from 7 – 13.  No experience required.	€195
1st July & 8th July 15th July & 22nd July (2 weeks)	Level 2 – Basic Skills	When you have this course completed you should have the skills and knowledge necessary to rig up your boat and safely go sailing without assistance in light winds. This course will require more than one week	Experience required – Level 1 Start Sailing Course	€295
8 <sup>th</sup> July & 15 <sup>th</sup> July (2 weeks)	Level 3 – Improving Skills	This course will help you to develop a competent, safe and practical approach to sailing your boat in moderate winds. You will be also introduced to different aspects of dinghy sailing such as racing and day sailing. This course will require more than one week.	Experience required – Level 2 Basic Skills plus one seasons logged sailing experience. If you have not been regularly practicing these skills you will need to do so prior to this course.	€295
1 <sup>st</sup> July (1 week)	Level 4 – Advanced Boat Handling	This course is designed to develop advanced boat handling and tuning skills and prepare you to sail flat out in strong winds. This course is ideal for sailors who want to consolidate their boat handling skills, cannot progress to instructor due to age, and need to learn various aspects of sailing they have not yet mastered, i.e. spinnaker, trapeze, double handed sailing	Experience Required: ISA Improving Skills and regular sailing.  Some sailors may take 2 weeks to complete this course.	€195



# Skerries Sailing Club



Course	<b>Course Code</b>	What is covered	Suitability	Cost
Start Date & Name			-	
8 <sup>th</sup> July	Introductory	This course is designed for those	Experience Required:	€180
(1 week)	to double	sailors who have completed level 3	ISA Level 3 minimum	
	handed	or more in single handed dinghys		
	sailing	and need experience in a fun		
		environment to learn crewing a		
		double hander, spinnaker work,		
		rudderless sailing and various other		
		skills. This course will be an		
		introduction to sailing other boats		
		than those they are racing in. This is		
		not a certified course.		
15 <sup>th</sup> July (1	Level 4 –	This course provides an introduction	Experience required: ISA	€195
week)	Kites &	to the thrills and spills of sailing with	improving Skills level 3	
	Wires	spinnakers and trapezes.	plus 2 seasons of logged	
			sailing.	
22 <sup>nd</sup> July	Level 4 – Go	This course provides a fun	Experience required: ISA	€195
(1 week)	Racing	introduction to sail boat racing. You	Level 3 Improving Skills	
		will develop your skills and		
		knowledge to a level where you can		
		comfortably race at club and inter		
		club level in Ireland		

## Calendar

Calcilual					
	July				
Course Code & Name	$1^{st}-5^{th}$	$8^{th}-12^{th}$	15 <sup>th</sup> – 19 <sup>th</sup>	22 <sup>nd</sup> – 26 <sup>th</sup>	
U9 Beginner					
Level 1 – Start Sailing					
Level 2 – Basic Skills					
Level 3 – Improving Skills					
Level 4 – Advanced Boat Handling					
Introductory to Double handers					
Level 4 – Kites & Wires					
Level 4 – Go Racing					



# Skerries Sailing Club



# **Application Form 2019 (ONE FORM PER SAILOR)**

		,			
Course Code/Name		Course Fee:	€		
		Non Member Boat Rental:	€		
		Deposit	€		
		Balance due	€		
Start Date:		End Date :			
Boat hire: YES/NO		Please complete if a member of SSC and require boat hire			
Sailor's Name		Date of Birth			
Address		I	<u> </u>		
Parent/guardian Name and email		Mobile number			
2 <sup>nd</sup> Emergency contact name		Mobile number			
Member of SSC Yes / N	lo	Permission to be videoed/Pho	tographed Y/N		
Swimming Ability (please	indicate level of water co	onfidence & distance you can s	wim)		
Please advise of any Relevant Medical Conditions/allergies (details should be provided on a separate page)					
Please advise of any other i	elevant/previous sailing	experience/courses attended:			
SSC intends to implement the online IS Sailing Passport for course participants in 2019. This will involve sharing your child's name, date of birth and contact email address with Checklink Inc and the Irish Sailing Association. If you do <b>not</b> wish to give permission to share this data please tick this box [ ].					
Does your child have permission to leave the club at lunch times: Yes / No					
Do you require life jacket: Yes / No (if yes please advise weight of child in kgs)					
		advise height of child in cms)	1 T 1		
Conditions. Sailing, like all spor	rts, carries a risk and that by c	ee with the Clubs Code of Conduction completing the form, the applicant ack other condition that has the ability to	mowledges this.		
Signature: (Parent or guard	lian)	Date:			
Payment can be made via Bank Bank account Details:					

Or alternatively a cheque payable to Skerries Sailing Club, Harbour Road, Skerries, Co Dublin